

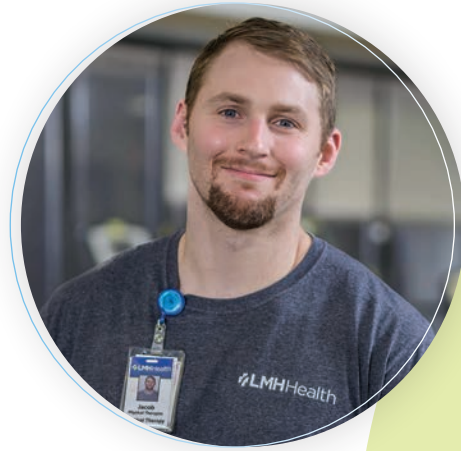
# GROWING EVERY DAY TO CARE FOR YOU



 **LMH**Health

**2023 ANNUAL REPORT**





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LMH Health Foundation's annual report can be found online at [lmh.org/foundation-report](https://lmh.org/foundation-report) or by scanning this QR code. This digital version can be reviewed on any device, or you may print a personal copy if you prefer.

# Dear neighbors,

The healthcare landscape continues to be challenging for LMH Health and hospitals across the country. These include continuing financial strains, staffing challenges and the need to continually adapt to keep up with new technologies and practice methods that better support the needs of our patients. The Trustees greatly appreciate that despite these forces, LMH physicians, providers and staff work hard every day to provide world-class healthcare to our patients and community.



2023 offered many examples of the dedication, growth and progress that moved LMH Health forward. An outward sign of progress and dedication has been the rebranding of all primary care clinics under the auspices of LMH Health, making clear our commitment to the communities LMH serves and offering the reassurance of a strong regional presence in a time when much in healthcare is changing.

In addition, the strategic clinical relationship forged between LMH Health and The University of Kansas Health System in 2023 has blended the best of local healthcare with the most specialized expertise and care for patients in our region — much of which is now available without having to travel far from home.

LMH Health’s commitment to the best in quality and delivery of patient care is also evident at our Main Campus, where construction is about to get underway on a multi-million dollar expansion to the LMH Health Cancer Center. It is exciting to think of the dramatic improvements to the delivery of patient care that will be available through this expansion. Completion is anticipated in fall 2025.

While there will continue to be challenges, LMH Health will steadfastly support our dedicated staff, providers and physicians and focus on providing expert care to the communities we serve. Thank you for your continuing support for our healthcare teams and for your commitment to our independent community hospital.

A handwritten signature in black ink, appearing to read 'Pat Miller', with a long horizontal flourish extending to the right.

Pat Miller, Chair  
LMH Health Board of Trustees

# Dear partners,



It is no secret that the last few years have been challenging for all hospitals, and that includes LMH Health, but there is great hope on the horizon. As we continue our work to recover from the pandemic and related challenges, we are focused on improving and expanding services that we know are relied upon from your community hospital.

LMH Health is investing in new patient-centered programs, technologies and facilities that will make a real difference in access, convenience and expanded clinical services. For the first time in our community, we will have full-time PET imaging technology. This remarkable diagnostic tool will provide enhanced imaging capabilities to support our cardiology and oncology clinicians and the patients they serve. We will also roll out a digital platform to help our patients by improving access, convenience and communication.

In 2024, we will break ground on a significant expansion of the LMH Health Cancer Center. This exciting program, made possible through contributions of generous donors and corporate sponsors, will greatly improve the facilities within which our outstanding physicians, nurses, social workers, pharmacists and other staff deliver individualized, patient-centered care. This project will also include expansions and renovations to physician clinics in the Anderson Health Plaza to improve access to care, patient and family experience and reduce wait times.

We are committing resources that will support the efficiency and effectiveness of hospital operations. These will include technology investments to improve our revenue cycle and enterprise resource planning software to provide additional support for workforce and supply chain management. While less exciting clinically, these are vital to being a strong, independent community hospital.

Workforce has clearly emerged as an important challenge across all industries. We simply must be an outstanding organization to work for. For several years, LMH Health has been dedicated to ensuring we are an inclusive and welcoming place for everyone (employees, patients and families) who steps through the doors to our hospital and clinics. Our commitment to Inclusion, Diversity and Equity was recently recognized as LMH earned the inaugural Health Equity Innovation Award from KFMC Health Improvement Partners.

As we look to the future, I'm especially thankful for the expert clinicians and staff I get to work with at LMH Health every day. We are, at our core, a community hospital with people caring for people. Our work in the year ahead will strengthen that core purpose.

A handwritten signature in black ink, appearing to read "Russ Johnson". The signature is fluid and cursive, with a large, stylized initial "R".

Russ Johnson  
LMH Health President & CEO

# Complementing bedside care through virtual nursing

Connecting with your healthcare provider online is a great way to get care without leaving home, especially when you aren't feeling your best. Receiving lab and X-ray results or receiving care for issues such as coughs and colds are commonly completed using telemedicine.

**Did you know that you can also receive care virtually when you've been admitted to the hospital? It's a relatively new concept used in hospitals to supplement the care patients receive from the bedside team.**

"We looked at what tasks a bedside nurse was doing that could be completed in a different way to help free them up to provide direct patient care," said Jamie Brummell, director of post-surgical services at LMH Health. "Having a virtual nurse helps free up the bedside staff on the floor to complete assessments, administer medications and help with hands-on needs."

**Click here to learn more** about virtual nursing and how the team at LMH Health helps to care for patients on our post-surgical and medical units.



# Providing healthcare to our rural communities

Everyone should have access to medical services, no matter the size of their community. For people in rural areas, it can sometimes be harder to get the healthcare they need.

“A lot of times, people don’t think about rural communities, and that can be a problem,” said Brooke Bacon, physician practice manager for LMH Health Primary Care rural clinics. “These communities struggle with access to quality care, recruitment and retention of qualified healthcare providers, cost of care and lack of insurance coverage, as well as an aging population with limited resources easily available to them.”

**LMH Health has four clinics serving the rural communities of Baldwin City, Eudora, McLouth and Tonganoxie. These clinics strive to meet the medical needs of residents and improve the quality of life in the community.**

“Just being here improves patient outcomes and in the process, we become an integral part of these communities,” said Bacon. “It helps people see the quality of care we provide close to home and the importance of having accessible healthcare in their hometown.”



Improving access to primary care is an important first step to improving community health and overcoming health disparities. **Discover how LMH Health is working to move the needle.**



*Photos, from top:  
LMH Health Primary Care-Eudora  
LMH Health Primary Care-Baldwin City  
LMH Health Primary Care-Tonganoxie*

# Pathways to careers in healthcare

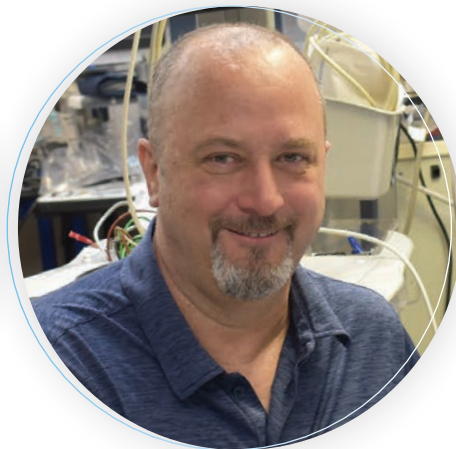
You don't have to obtain a four-year college degree or doctorate to enter the clinical world of healthcare. **On-the job training, vocational certifications or an associate's degree allow you to get your foot in the door.**

Nicholina Chronister, a former wildfire firefighter, was ready to change careers and wanted to see if a career in emergency medicine was right for her. Phlebotomy was a great way for her to get hands-on experience without investing time and money in a specialized degree.

Curtis Weilert earned an associate's degree in electronics and computer engineering technology from Grantham University, beginning his career working on wind towers. He was able to transfer his experience with electronics to a career as a biomedical technician.

MaKayla Hastings now works as a medical assistant with Cardiovascular Specialists of Lawrence, but her first role at LMH Health was as a certified nurse's assistant. During the height of the COVID-19 pandemic, Hastings applied to the CMA program through Peaslee Tech and participated in the LMH Health tuition reimbursement program.

Jumpstart your career at LMH Health. **Learn how these employees found their niche** and provide patient first care to the community.







We were excited to welcome the Junior Volunteer program back to LMH Health after a four-year hiatus. The program provides high school students with the opportunity to build skills in leadership and communication while gaining professional experience in healthcare.

The Junior Volunteer program, originally known as the candy striper program, began in 1966 with young women who worked with clinic nurses. Today, these students can be found throughout the hospital working with both administrative and clinical staff.

**Junior volunteers have established strong relationships with other staff members and help build culture in the hospital every day. They work with the staff to ensure everything runs smoothly throughout the unit and help with whatever is asked of them.**

“I’m grateful to know there are kids out there that are willing to give back to the community at such a young age,” said James Holt, a registered nurse in the endoscopy center. “A simple conversation or smile can go a long way for a patient or visitor on what could be one of their worst days.”

**Read more about these high school students** who spend their free time touching the lives of patients and giving back to their community.



# Looking back on 2023: A year in review

Caring for patients, whether you're an inpatient at the hospital or seeking care in the communities we serve, is at the heart of everything we do. **Our purpose is to be a partner for lifelong health.** LMH Health is growing every day to care for you.

**Learn about our accomplishments** in patient care, provider engagement and health equity and discover how our teams and technology are working for you.



# 2023 LMH Health financials: Income statement comparison

	<b>December 2023</b>	<b>December 2022</b>
Gross patient revenue	1,407,268,865	1,304,168,246
Contractual allowances	1,011,526,064	917,453,161
Financial assistance	41,909,606	39,987,651
Uncompensated care	14,115,951	14,958,634
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Total deductions from revenue	1,067,551,621	972,399,446
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Net patient revenue	339,717,244	331,768,800
Total miscellaneous operating income	10,177,862	9,585,111
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Net operating revenue	349,895,106	341,353,911
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Salaries and benefits	182,284,729	173,215,546
Professional fees	15,101,307	12,734,193
Licenses and taxes	8,030,507	4,259,128
Supplies	78,427,304	81,915,759
Total contract labor	7,501,883	12,246,539
Purchased services	14,837,198	13,512,794
Depreciation expense	13,959,821	13,771,821
Other operating expenses	36,150,180	37,151,687
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Total operating expenses	356,292,930	348,807,468
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Net operating income	(6,397,824)	(7,453,557)
Total non-operating income	5,581,561	312,033
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Net income	(816,263)	(7,141,524)
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 **LMH Health**

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